Metformin reverses the resistance mechanism of lung adenocarcinoma cells that knocks down the Nrf2 gene

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Abstract. The nuclear factor, erythroid 2 like 2 (Nrf2)/antioxidant response element (ARE) pathway has an important role in the drug resistance of adenocarcinoma, and may act via different mechanisms, including the mitogen-activated protein kinase (MAPK) pathway. However, it has remained elusive whether metformin affects Nrf2 and regulates Nrf2/ARE in adenocarcinoma. In the present study, reverse-transcription quantitative polymerase chain reaction, cell transfection, western blot analysis, a Cell Counting kit-8 assay and apoptosis detection were used to investigate the above in the A549 cell line and cisplatin-resistant A549 cells (A549/DDP). The results indicated that Nrf2, glutathione S-transferase α1 (GSTA1) and ATP-binding cassette subfamily C member 1 (ABCC1) were dose-dependently reduced by metformin, and that the effect in A549 cells was greater than that in A549/DDP cells. Treatment with metformin decreased the proliferation and increased the apoptosis of A549 cells to a greater extent than that of A549/DDP cells, and the effect was dose-dependent. After transfection of A549/DDP cells with Nrf2 short hairpin RNA (shRNA), GSTA1 and ABCC1 were markedly decreased, compared with the shRNA-control group of A549/DDP, and low dose-metformin reduced the proliferation and increased apoptosis of A549/DDP cells. Metformin inhibited the Akt and extracellular signal-regulated kinase (ERK)1/2 pathways in A549 cells and activated the p38 MAPK and c-Jun N-terminal kinase (JNK) pathways. Furthermore, in the presence of metformin, inhibitors of the p38 MAPK and JNK signaling pathway at different concentrations did not affect the levels of Nrf2, but inhibitors of the Akt and ERK1/2 pathway at different doses reduced the expression of Nrf2. In addition, inhibitors of p38 MAPK and JNK did not affect the effect of metformin on Nrf2, while inhibitors of Akt and ERK1/2 dose-dependently enhanced the inhibitory effects of metformin in A549 cells. In conclusion, metformin inhibits the phosphoinositide-3 kinase/Akt and ERK1/2 signaling pathways in A549 cells to reduce the expression of Nrf2, GSTA1 and ABCC1. Metformin also reverses the resistance of A549/DDP cells to platinum drugs, inhibits the proliferation and promotes apoptosis of drug-resistant cells. These results may provide a theoretical basis and therapeutic targets for the clinical treatment of tumors.

Introduction

The major challenge in improving the prognosis of lung adenocarcinoma patients is the drug resistance to cisplatin, in which the Kelch-like ECH-associated protein 1 (Keap1)/nuclear factor, erythroid 2 like 2 (Nrf2)/antioxidant response element (ARE) signaling pathway has a critical role (1-3). With the stimulation of active oxygen, Nrf2 and Keap1 are uncoupled (4). Subsequently, Nrf2 enters the nucleus to form heterologous dimers with Maf to initiate the transcription of ARE target genes (5) and phase II detoxifying enzymes, including superoxide dismutase (SOD), heme oxygenase-1 (HO-1) and glutathione S-transferase alpha 1 (GSTA1) (6). Activation of Nrf2 enhances cellular oxidative stress (7) and the growth of tumor cells (8), thus enhancing the drug resistance of lung adenocarcinoma (9-11). However, treatment with short hairpin RNA (shRNA) targeting Nrf2 may reverse the drug resistance of certain types of cancer cell (12). Multidrug resistance-associated proteins (MRPs) and phase II detoxification enzymes have synergistic effects (13). Excessive activation of Nrf2 may cause high expression of MRPs, which induces drug resistance in tumor cells (14). Excessive activation of Nrf2 also induces tumor cells to reach a state that is inert to apoptosis and promotes the occurrence of tumors (15). However, after transfection of the CaSkii cell line with Nrf2 shRNA, the tumor drug resistance was reversed (16). Nrf2 activation is regulated by the mitogen-activated protein kinase (MAPK) pathway (17), but direct phosphorylation of Nrf2 by MAPKs does not induce Nrf2 activation. Activated Nrf2 enters the nucleus and forms heterologous dimers with...
phosphorylated extracellular signal-regulated kinase (p-ERK), c-Jun N-terminal kinase (JNK) and p38 MAPK (18). These Nrf2 dimer complex then activate the transcription of genes downstream of Nrf2 (19), which varies among different organs (20). Nrf2 is known to interact with phosphoinositide-3 kinase (PI3K) (21), and the PI3K/AKT/mammalian target of rapamycin (mTOR) pathway is usually activated in various types of human malignancy, including non-small cell lung cancer (8,22).

Metformin treatment reduces the risk of various tumor types, including ovarian cancer and lung cancer, in diabetic patients (23,24). It blocks different types of tumor cell in the G0/G1 phase or inhibits the G1/S-phase transition in the cell cycle by regulating the expression of cell cycle proteins and their associated factors (25-27). Metformin also exerts a dose-dependent inhibitory effect on the proliferation of lung cancer cells of various pathological types (28,29). The mechanism may include the activation of the adenosine 5′-monophosphate-activated protein kinase (AMPK) pathway (30,31), which reduces the proliferation of tumor cells by inhibiting epidermal growth factor receptor and insulin-like growth factor 1 receptor pathways (26,32,33). Metformin also inhibits the expression of tumor cell apoptosis-associated proteins and prevents the oxidation of tumor cells via an AMPK-independent pathway (34,35). In a study on breast cancer, inhibition of the expression in AMPK by AMPK inhibitors or shRNA abrogated the antineoplastic effect of metformin (36).

To date, only few studies have examined the mechanisms by which metformin inhibits tumor cells. It has been indicated that metformin affects Nrf2 and regulates the Nrf2/ARE pathway (37). In the present study, the A549/DDP cisplatin-resistant lung adenocarcinoma cell line was used. To the best of our knowledge, the present study was the first to assess whether metformin affects Nrf2 expression in native A549 and A549/DDP cells, and whether it regulates the Nrf2 and MAPK pathways to affect the expression of ATP-binding cassette subfamily C member 1 (ABCC1) and GSTA1.

Materials and methods

Reagents. Reverse transcription was performed using the PrimeScript RT reagent kit with gDNA Eraser (cat. no. RR047A) and Real-time polymerase chain reaction (PCR) was performed using the SYBR PrimeScript (Perfect Real Time) kit (cat. no. RR086A; Takara, Dalian, China). MAPK Family bodies Sampler kit (cat. no. 9926), Phospho-MAPK Family Antibody Sampler kit (cat. no. 9910) and Human GAPDH antibody (cat. no. 686613) were obtained from Cell Signaling Technology, Inc. (Danvers, MA, USA), and anti-PCNA antibody (cat. no. ab18197), anti-Nrf2 antibody (cat. no. ab62352), anti-ABCC1 antibody (cat. no. ab24102) and anti-GSTA1 antibody (cat. no. ab11947) were purchased from Abcam (Cambridge, MA, USA). Primary Antibody Dilution Buffer was purchased from Beyotime Institute of Biotechnology (P0023A; Haimen, China). Nrf2-specific shRNA and control shRNA was obtained from Shanghai GenePharma Co., Ltd. (Shanghai, China) (Table I). The Nuclear and cytoplasmic protein Extraction kit was purchased from Beyotime Institute of Biotechnology (P0027). Metformin was obtained from Sangon Biotech Co., Ltd (Shanghai, China). Primer synthesis was performed by Biocolors Biological Technology Co., Ltd. (Shanghai, China). PI3K-specific inhibitor LY294002, ERK-specific inhibitor PD98059, JNK-specific inhibitor SP600125 and p38 kinase-specific inhibitor SB203580 were purchased from BioVision Inc. (Milpitas, CA, USA).

Cell lines and culture. The A549 human lung adenocarcinoma cell line and cisplatin-resistant A549/DDP cells were obtained from GAS Shanghai Life Sciences Cell (Shanghai, China). Cells were cultured in RPMI-1640 dry powder culture medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, USA) with fetal bovine serum (FBS; Hyclone; GE Healthcare, Logan, UT, USA). Cell transfections were performed with Lipofectamine® 2000 (Invitrogen; Thermo Fisher Scientific, Inc.) A549 and A549/DDP cells were cultured in RPMI-1640 with 10% FBS, benzylpenicillin (100 U/ml) and streptomycin (100 mg/ml), and cultured at 37°C in a humidified atmosphere of air with 5% CO2.

Nrf2 shRNA transfection. A549/DDP cells were cultured in 24-well cell culture microplates at 1×10⁵ cells/well (0.5 ml medium per well, for PCR) or 6-well cell culture microplates at 5×10⁴ cells/well (2 ml medium per well, for western blot) for 24 h. The shRNA transfection was performed with Lipofectamine 2000, according to the manufacturer's protocol. The shRNA/medium mixture was incubated at room temperature for 5 min, then evenly mixed with Lipofectamine 2000 and placed at room temperature for 20 min for shRNA reagent/Lipofectamine complex formation. The 100-µl mixture was then added to the cells. After 12 h, the medium was replaced complete RPMI-1640 medium and the cells were cultured for another 48 h. Cells were then harvested for analysis. To screen for the most effective Nrf2 shRNA, the number of transfected cells was counted under the fluorescence microscope, and The knockdown efficiency was further detected by PCR and western blot analysis, which indicated that >70% of the cells were successfully transfected. The shRNA sequences are listed in Table I.

Measurement of gene expression. A549 and A549/DDP cells were cultured in six-well plates at a concentration of 1×10⁵ cells/well for 24 h. Total RNA was extracted with TRIzol reagent and reverse transcribed to complementary DNA with the PrimeScript RT reagent kit with gDNA Eraser, according to the manufacturer's protocol. Quantitative PCR was performed using the SYBR Green PCR system on the CFX96 PCR instrument (Bio-Rad Laboratories, Inc., Hercules, CA, USA). The thermocycling conditions were as follows: 1 min at 95°C, followed by 40 cycles of 5 sec at 95°C and 30 sec at 60°C. The relative expression of each gene was used to perform relative fold change between treated and control groups using the 2⁻ΔΔCq method (38). The primer sequences are listed in Table II.

Western blot analysis. Intracellular protein was extracted with radioimmunoprecipitation assay buffer. The protein
concentration of the cell extract was determined by bicinechinonic acid protein assay, and 25 μg loaded sample amounts of total protein were separated by 10% SDS-PAGE. Proteins were then transferred to a polyvinylidene difluoride membranes (EMD Millipore, Billerica, MA USA), which was blocked in 5% dry milk for 2 h. Membranes were then probed with the specific primary antibodies: Akt (pan) rabbit mAb (cat. no. 4685; 1:1,000 dilution); phospho-Akt (Ser473) rabbit mAb (cat. no. 4060; 1:1,000 dilution); p44/p42 MAPK (ERK1/2) rabbit mAb (cat. no. 4695; 1:1,000 dilution); phospho-p44/p42 MAPK (ERK1/2) (Thr202/Tyr204) rabbit mAb (cat. no. 4370; 1:1,000 dilution); p38 MAPK Rabbit mAb (cat. no. 8690; 1:1,000 dilution); phospho-p38 MAPK (Thr180/Tyr182) rabbit mAb (cat. no. 4511; 1:1,000 dilution); SAPK/JNK antibody (cat. no. 9252; 1:1,000 dilution); phospho-SAPK/JNK (Thr183/Tyr185) rabbit mAb (cat. no. 4668; 1:1,000 dilution); The aforementioned antibodies were all obtained by Cell Signaling Technology, Inc.; anti-PCNA antibody (1:1,000 dilution); anti-Nrf2 antibody (1:2,000 dilution); anti-ABCC1 antibody (1:1,000 dilution); anti-GSTA1 antibody (1:2,000 dilution); and GAPDH antibody (cat. no. 686613; 1:1,000 dilution; Cell Signaling Technology, Inc. MA, USA) was used as a loading control at 4°C overnight. The membrane was washed three times with Tris-buffered saline containing 1% Tween-20 (TBST), followed by incubation with peroxidase-labeled secondary antibodies (anti-rabbit IgG; cat. no. 7074; dilution, 1:5,000; Cell Signaling Technology, Inc.) for 2 h at room temperature. After 24 h incubation with 5 mM Metformin and the different inhibitors (10–40 μM PI3K-specific inhibitor LY294002; 10–40 μM ERK-specific inhibitor PD98059; 1-20 μM JNK-specific inhibitor SP600125; and 0.1-10 μM p38 kinase-specific inhibitor SB203580), the Nrf2 protein expression was evaluated by western blot analysis. The blots were visualized with the enhanced chemiluminecence plus kit purchased from Engreen Biosystem (Auckland, New Zealand) and the Bio-Rad ChemiDoc MP Gel imaging analysis system (Bio-Rad Laboratories, Inc.), and protein levels were analyzed with ImageJ software v1.8.0 (National Institutes of Health, Bethesda, VA, USA).

Nuclear protein extracts were prepared using the Nuclear and cytoplasmic protein Extraction kit, according to the manufacturer’s protocol. The protein concentration of the cell extract was determined by BCA protein assay. A total of 25 μg protein were electrophoretically separated and other steps were identical to that aforementioned.

**Cell Counting kit 8 (CCK-8) assay.** Transfected cells were cultured in 96-well plate at a density of 1x10⁴ cells/well with various concentrations of metformin (0, 1, 5 or 10 mM) for various durations. Next, 10 μl CCK8 was added to each well, followed by incubation for 4 h. The absorbance at the wavelength of 450 nm was recorded for each well using a FlexStation 3 microplate reader (Molecular Devices, Sunnyvale, CA, USA), and the cell viability was then evaluated according to the manufacturer’s protocol.

**Apoptosis detection.** For apoptosis detection, transfected cells were seeded in a 24-well plate at 5x10⁴ cells/ml. After treatment with metformin at different concentrations for 24 or 48 h, the cells were collected by trypsin digestion and re-suspended in binding buffer. Cells were incubated with 5 μl Annexin V-Fluorescein isothiocyanate (20 μg/ml) and 5 μl propidium iodide (5 μg/ml) in 100 μl volume. Apoptosis was detected using a BD FACS Aria II flow cytometer (BD Biosciences, San Jose, CA, USA).

**Statistical analysis.** Values are expressed as the mean ± standard error of the mean. All analyses were performed with SPSS software version 13.0 (SPSS Inc., Chicago, IL, USA). Student's t-test was used for comparison of data between two groups. When multiple groups were compared, one-way analysis of variance followed by the least-significant differences post-hoc test was used for data with a normal distribution, as assessed by the Shapiro-Wilk test. A two-sided P<0.05 was considered to indicate a statistically significant difference.

**Results.**

**Effect of metformin on gene expression in cisplatin-resistant lung adenocarcinoma cells.** First, the mRNA and protein expression of GSTA1, ABCC1 and Nrf2 was compared between A459 and A549/DDP cells (Fig. 1). The mRNA
and protein expression of Nrf2, ABCC1 and GSTA1 in A549/DDP cells were significantly higher than those in A549 cells (P<0.01) (Fig. 1A). Furthermore, the response to different concentrations of metformin (1, 5 and 10 mM) was examined. In A549 and A549/DDP cells, the mRNA and protein expression of Nrf2, GSTA1 and ABCC1 were decreased by metformin in a concentration-dependent manner, with a significant reduction in mRNA expression achieved with metformin concentrations of 5 and 10 mM (P<0.01) (Fig. 1B).

**Effect of metformin on the proliferation and apoptosis of cisplatin-resistant lung adenocarcinoma cells.** Cell proliferation and apoptotic rates were then assessed using a CCK-8 assay and flow cytometry, respectively (Fig. 2). A549 cells treated with 5 and 10 mM metformin exhibited decreased proliferation from 24-72 h, and most prominently by 10 mM metformin (Fig. 2A), while A549/DDP cells only displayed a significant decrease in proliferation ability in the presence of 10 mM metformin at 48 h (P<0.01) (Fig. 2B). The apoptotic rate of A549 treated with 5 and 10 mM metformin was elevated at 24 h (Fig. 2C) and further increased at 48 h (P<0.01) (Fig. 2E). However, in A549/DDP cells, the apoptotic rate was low at 24 h and had slightly risen at 48 h (P<0.05) (Fig. 2D and F). These results indicate that metformin induced the largest amount of apoptosis in drug-resistant cells at 48 h. Thus, the subsequent experiments were performed using an incubation time of 48 h.

**Metformin inhibits cisplatin-resistant lung adenocarcinoma cells via Nrf2.** The Nrf2 shRNA sequence no. 2 produced a more pronounced decrease of Nrf2 mRNA and protein expression than the other two shRNAs (P<0.01) (Fig. 3A); thus, this shRNA was selected for the subsequent experiments. After transfection of A549/DDP cells with Nrf2 shRNA, the gene expression of GST and ABCC1 was decreased (Fig. 3B). It is likely that this downregulation of GSTA1 and ABCC1 may in part influence biological functions including cell proliferation and apoptosis. In A549/DDP cells without transfection, the proliferation was only inhibited by 10 mM metformin; however, the sensitivity of the cells to metformin was enhanced by transfection of Nrf2 shRNA, and a significant
reduction in proliferation was achieved by metformin for 48 h at only 5 mM (Fig. 3C). Additionally, at 72 h, 10 mM metformin had a significant inhibition effect, compared with the control (P<0.01). Furthermore, after transfection with Nrf2 shRNA and culture with metformin for 48 h, the apoptotic rate of A549/DDP cells increased from 4.24 to 27.47% (P<0.01) (Fig. 3C). The apoptotic rate was similar to that of A549 cells treated with metformin for 48 h, which indicated that knockdown of Nrf2 sensitized A549/DDP cells to metformin and abrogates their acquired drug resistance.

The PI3K/Akt and ERK1/2 signaling pathways are involved upstream of Nrf2 in the inhibitory effects of metformin on A549 cells. A549/DDP cells are the cells pretreated by cisplatin, which is a interference factor that may activate some downstream signalling pathways to regulate Nrf2. In addition, the results (Fig. 2) identified that the sensitivity of A549/DDP cells to metformin is not as good as that of A549 cells. Therefore the native A549 cell line was selected to study the signaling pathway involved in the process. In A549 cells cultured with 5 and 10 mM metformin, the phosphorylation of Akt and ERK1/2 was decreased, while the phosphorylation of p38 MAPK and phospho-p46 subunit of p-JNK was sharply increased (Fig. 4A) (39). These results indicated that metformin inhibits the Akt and ERK1/2 pathways in A549 and activates the p38 MAPK and JNK pathways. Furthermore, in the presence of metformin, inhibitors of the p38 MAPK and JNK signaling pathway at different concentrations did
not affect the levels of Nrf2 (Fig. 4B). However, inhibitors of the Akt and ERK1/2 pathway reduced the expression of Nrf2 (P<0.01, Fig. 4B). This suggests that metformin reduces the mRNA and protein expression of Nrf2 by inhibiting the PI3K/Akt and ERK1/2 signaling pathways to affect proliferation and apoptosis.

**Discussion**

In the present study, statistically significant differences in the expression of Nrf2, GSTA1 and ABCC1 genes were detected between A549/DDP and A549 cells (P<0.01). These results were consistent with those of previous studies (5,11). As a possible mechanism, it has been proposed that Nrf2 functions in tumor drug resistance. In a previous study, knockdown of Nrf2 expression by shRNA reversed the drug resistance of tumor cells to tamoxifen (40). Nrf2 increases the expression of Mrp2 by binding to the ARE locus of Mrp2 genes under the stimulation of Nrf2 inducer (41). Previous studies have also indicated that inhibition of Nrf2 is likely to decrease the expression of GSH (42,43). Certain drugs promote Nrf2 nuclear translocation and also stimulate GSH biosynthesis (44), which has an important role in anti-cancer and anti-oxidant activities. Through efflux from the cells, the intracellular concentration of...
anti-cancer drugs is reduced and the combination of intracellular anticancer drugs and target sites is prevented, leading to the drug resistance of tumor cells (45,46). After reduction of the expression of Mrps in human lung adenocarcinoma, the drug resistance to cisplatin was reduced (47). GSH may promote the repair of DNA (45). GSTA1 inhibitors have been reported to enhance the cytotoxicity of cisplatin in drug-resistant cell lines (48). GSTA1 is a phase II conjugated enzyme that detoxifies active electrophilic metabolites. The effects of GSTA1 depend on the level of GSH, which in turn depends on glutamate cysteine ligase and GSH synthase (49).

Metformin mainly inhibits mitochondrial respiratory chain complex I (50). Inhibition of AMPK expression by shRNA has been reported to reverse the anti-tumor proliferation effect of metformin (51-53). In the present study, metformin inhibited A549 cell proliferation and promoted their apoptosis in a dose- and time-dependent manner (P<0.01). However, in A549/DDP cells, only the highest metformin concentration produced a
significant effect after 48 h (P<0.05). This observation was consistent with those of a previous study (28). After stimulation with metformin, differences in the mRNA and protein expression of GSTA1, ABCB1 and Nrf2 were detected between A549 and A549/DDP (P<0.05), particularly the Nrf2 levels of total protein and nuclear protein, were reduced with increasing concentrations of metformin, which was expected and indicated potential tumor inhibition mechanisms of metformin. These results further confirmed the anti-tumor effect of metformin.

The association between MAPKs and Nrf2 may be associated with the presence of MAPK protein phosphorylation sites in the trans-activation domain of Nrf2 (19). A large number of studies reported that MAPKs have an effect on the activity of Nrf2 (17,54), but there were discrepancies regarding the function of ERK, JNK and p38 in regulating the activity of Nrf2 between different tumor cell types. The present study revealed that the levels of GSTA1 and ABCB1 were decreased after knockdown of Nrf2. These results suggest that GSTA1 and ABCB1 may be involved in the regulation of Nrf2 and the biological consequences of Nrf2 perturbation, including proliferation and apoptosis. The changes in growth, apoptosis and gene expression in A549/DDP cells after knockdown of Nrf2 were consistent with those reported in a previous study (16). Therefore, these results suggest that metformin affects the expression of Nrf2 and its downstream genes via the ERK, JNK and p38 MAPK pathways. Subsequent experiments indicated that treatment with 5 and 10 mM metformin reduced the phosphorylation levels of Akt and ERK1/2, while the phosphorylation levels of p38 MAPK and JNK were increased compared with those in the control group. This confirmed that metformin inhibited the Akt and ERK1/2 pathway and activated the MAPKs p38 and JNK. The PI3K/Akt pathway is involved in the regulation of the proliferation, movement and metabolism of normal cells (55), and mutation and overexpression of these genes frequently occur in cancer (56). The regulatory mechanisms of ERK/MAPK and PI3K/Akt/mTOR pathways are complex, and proteins are currently known to be associated with the PI3K pathway (57), while proteins are known to be associated with MAPK signaling (58). These pathways share interactions between multiple protein nodes, and these interactions are affected by various factors, including cell type, cell differentiation stage and receptor expression levels (59-66). The roles of the PI3K/Akt/mTOR and ERK/MAPK pathways in tumor cell growth, proliferation, differentiation, metastasis and drug resistance are well established (67).

The results of the present study indicated that pharmacological inhibitors of the p38 MAPK and JNK signaling pathways at different concentrations had no impact on Nrf2. However, in response to treatment with Akt and ERK1/2 pathway inhibitors, the level of Nrf2 was reduced. These results suggest that metformin inhibits PI3K/Akt and ERK1/2 to further reduce the expression of Nrf2 gene and protein, thus affecting cell proliferation and apoptosis. These results are consistent with those of previous studies (34,35). Epigenetic regulation of kelch-like ECH associated protein 1 (Keap1) also affects the response of Nrf2 gene expression to cisplatin (68,69), and Nrf2 then increases the expression of multidrug resistance genes (70,71). Whether Nrf2 is affected by Keap1 in the experiments of the present study will be further explored in a subsequent study.

In conclusion, the present study suggest that metformin reduces the expression of Nrf2 and its downstream resistance genes GSTA1 and ABCB1 by inhibiting PI3K/Akt and ERK1/2 signaling. Knockdown of Nrf2 abrogated the acquired drug resistance of A549/DDP cells and sensitized them to metformin to a similar level to that of native A549 cells. These results may provide a theoretical basis and therapeutic targets for the clinical treatment of tumors. The signaling pathways of MAPK/AKT/ERK/JNK may be downstream effects of the primary effects of metformin, and the upstream mechanisms should be assessed in a future study.

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Availability of data and materials

The analyzed data sets generated during the study are available from the corresponding author on reasonable request.

Authors’ contributions

JZ conducted the experiment and wrote the manuscript. KJ collected the data. JL conceived the paper and revised the manuscript. YX collected and analyzed the data. Furthermore, JL and JZ conducted the experiment and wrote the manuscript. YX collected and analyzed the data. Furthermore, the final version of the manuscript has been read and approved by all authors.

Ethics approval and consent to participate

Not applicable.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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